



COVID-19 Preparedness and Response Plan Summary

Mountain Valley is committed to protecting the safety, health, and well-being of all individuals in our workplace and in communities along the proposed project route. This commitment necessarily includes abundant steps to mitigate the risk of infection from the SARS-CoV-2 virus that causes the COVID-19 disease.

Mountain Valley has developed extensive plans designed to help protect public health and prevent the spread of infection. These plans apply to our own employees and impose requirements that our contractors must maintain for their employees. Mountain Valley's plans are based on guidance from the U.S. Centers for Disease Control and Prevention (CDC), Occupational Health and Safety Administration (OSHA), the World Health Organization (WHO), and state guidance and requirements, such as state executive orders and Virginia's Infectious Disease Prevention Emergency Temporary Standard. Because scientific research into the novel coronavirus is ongoing, and applicable government requirements and recommendations change, these guidelines may be updated substantially and frequently to account for new developments and best practices.

Preparedness and Response

Mountain Valley and its contractors are taking numerous steps to safeguard the workplace, protect workers and the public, and prevent infection on jobsites. A few examples of these steps include:

- Providing additional temporary hand-washing facilities and/or additional portable hand-sanitizing stations
- Equipping every contractor with alcohol-based sanitizer to carry with them
- Providing additional portable jobsite toilets
- Mandating the use of individual water bottles, rather than common sources of drinking water
- Prohibiting spitting on the ground, in sinks, or in any common area
- Requiring registered EPA disinfectants be provided and placed throughout the jobsite
- Requiring regular self-monitoring of signs/symptoms of COVID-19 and temperature checks prior to entering jobsites where additional monitoring is deemed advisable
- Frequent and regular disinfecting of vehicles, breakrooms, portable toilets
- Limiting the time and restricting the number of individuals in welding shacks

Mountain Valley's management is responsible for ensuring each contractor has implemented a plan that addresses COVID-19 prevention and is compliant with Mountain Valley's rigorous COVID-19 risk mitigation requirements. These plans must address multiple issues, including but not limited to:

- **Roles and responsibilities** of employees and contract personnel
- **Training** on all aspects of COVID-19, including signs and symptoms of infection and prevention best practices
- **Workplace controls**, including engineering and administrative controls, availability and usage of personal protective equipment and face coverings
- **Case response**, including safety protocols that address effectively isolating, conducting contact tracing, cleaning and disinfecting, communicating to the workforce, and returning to work

Across all Mountain Valley jobsites, workers must adhere to best practices for ensuring the safety of themselves and others. These practices include:

- Wearing face coverings and safety glasses
- Washing hands for a minimum of 20 seconds after touching high-traffic surfaces and always before touching their face; alternatively, use of alcohol-based hand sanitizer with at least 60 percent alcohol content if handwashing is not feasible
- Maintaining 6 feet of distance from co-workers as much as possible and avoid spending more than 10 minutes working within 6 feet of co-workers, when possible
- Limiting ridesharing and keeping windows down where possible to increase ventilation inside the vehicle; face coverings and safety glasses must be utilized while in a vehicle with other individuals
- Using hand sanitizer and/or wearing appropriate gloves when touching high-traffic equipment

Isolation and Return to Work

In the event that a worker exhibits any symptoms of COVID-19 and/or tests positive for COVID-19, the worker will be required to self-isolate. Individuals in self-isolation are not permitted to return to the workplace until a doctor releases them to return OR they have met the CDC guidance to discontinue home isolation.

Absent a doctor's release form, workers are not permitted to return to work until one of these criteria have been met:

- **Symptom-based Strategy:** It has been 3 days since their last fever without the use of fever-reducing medication, **and** their respiratory symptoms have improved, **and** it has been at least 10 days since symptom onset.
- **Test-based Strategy:** Their fever has resolved without the use of fever-reducing medication, **and** their respiratory symptoms have improved, **and** they have received negative results of a U.S. Food and Drug Administration (FDA) Emergency Use Authorized (EUA) COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected more than 24 hours apart (i.e. they receive a total of two negative specimens at least a day apart).
- **Time-based Strategy (for asymptomatic individuals only):** Ten days have passed since the worker's first positive test result — assuming they do not subsequently develop symptoms. If the worker develops subsequent symptoms, the Symptom-based Strategy or the Test-based Strategy must be used.

Mountain Valley recognizes every individual and organization has a role to play in protecting public health and preventing the spread of infection during this pandemic. Furthermore, we are ensuring that we play an important role in this risk mitigation effort and we require our contractors to do the same. Safety is Mountain Valley's top priority.